

An aerial photograph of the Kaaba in Mecca, Saudi Arabia, during the Hajj season. The Kaaba is a large, black, cuboid structure with gold bands, standing in the center of a vast, open square. It is surrounded by a massive, dense crowd of pilgrims, many wearing white ihram clothing. In the background, there are several levels of arched walkways (balconies) and a city skyline with various buildings and minarets under a clear sky.

# *Navigating Hajj*

Hajj Experience

Preparing for Hajj

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# Prerequisite for the Hajj

- Must be old enough, and mature enough to understand the full import and significance of what you are setting out to do.
- Ask for forgiveness from Allah
- Make peace with those you have wronged or have wronged you.
- Must be financially sound enough to be able to bear all expenses
  - Payback debts, including *zakat*
  - Provide adequately for dependents during absence
- Consider writing a Will & indicate what one's assets & dues are.

# Pre-Hajj Prep

- Obtain passport and all the required visas.
- Up-to-date on the required immunizations.
- Recommend to keep valuable jewelry at home.
- Notify Group Leader/Physician of any medical problems.
- Have cash handy (some places take credit cards, some do not)

# Preparing for Hajj - Basics

- Pack necessary clothing
  - Check temperatures
  - Comfortable and not first-worn
- Sandals and shoes
  - Sandals can have stitching
  - Bring at least 2 pairs of sandals
    - Ensure they are comfortable and wore-in. Most injuries are self-inflicted sandal issues
  - No wearing of closed-toed shoes
- Showering supplies
  - Fragrance-free shampoo, soap, detergent, etc.



# Ihram

- For men it is a special two piece, plain & seamless attire; one of which is wrapped around the waist & held up by a belt, & the other piece is wrapped around the shoulders.
- Women are not obligated to follow this rule, but observe modesty. Suggest a black abaya which is commonly available in Saudi Arabia.

# Preparing for Hajj - Accessories

- Cell phone that works in the area
- Walkie-talkie – cell service is often busy
- Bring first aid kit
  - Gastrointestinal and respiratory infections
  - Include anti-biotics (if possible)
- Bring camera – its impossible to describe
- Consider a fanny-pack
  - Also Ihram belt (has inner pocket)

# Preparing for Hajj - Considerations

- If you are not used to walking a lot, consider exercising for 3-4 weeks before hand.
- If you are with a group of people, you must consider plans and backup plans to find each other if separated
- Bag to keep shoes once inside the mosque in Mecca or you can lose them.
- Blankets or sleeping bag for Muzdalifah
- Baggies for stones from Muzdalifah
- Pocket Quran
- Something to record your journey

# You will be overwhelmed

- The wonder
  - The first site of the Kaaba
- The crowds and pushing
- Not everyone is a saint (caution)
- The intent
- The patience
- Listen to your group leader
- Remember, this is not a vacation



# Type of Hajj

- **Hajj Ifraad (Isolated Hajj)**

This refers to Hajj performed by itself without 'Umrah and the pilgrim performing this type of Hajj is called a Mufrid. Such a pilgrim is required to enter the state of Ihraam with the intention of doing Hajj only. Sacrifice is not mandatory.

- **Hajj Qiraan (Accompanied Hajj)**

This is Hajj combined with 'Umrah without coming out of Ihraam, and the pilgrim performing this type of Hajj is known as a Qaarin. The Qaarin should enter the state of Ihraam with the intention of performing 'Umrah and Hajj together. Sacrifice is mandatory.

- **Hajj Tamattu' (Enjoyable Hajj)**

'Umrah is also combined with Hajj under this type; however, a new Ihraam is made for the Hajj. The pilgrim performing this type of Hajj is known as a Mutamatti'. The name Tamattu was chosen because the Mutamatti' is allowed to come out of Ihraam after the completion of his 'Umrah. Sacrifice is mandatory.

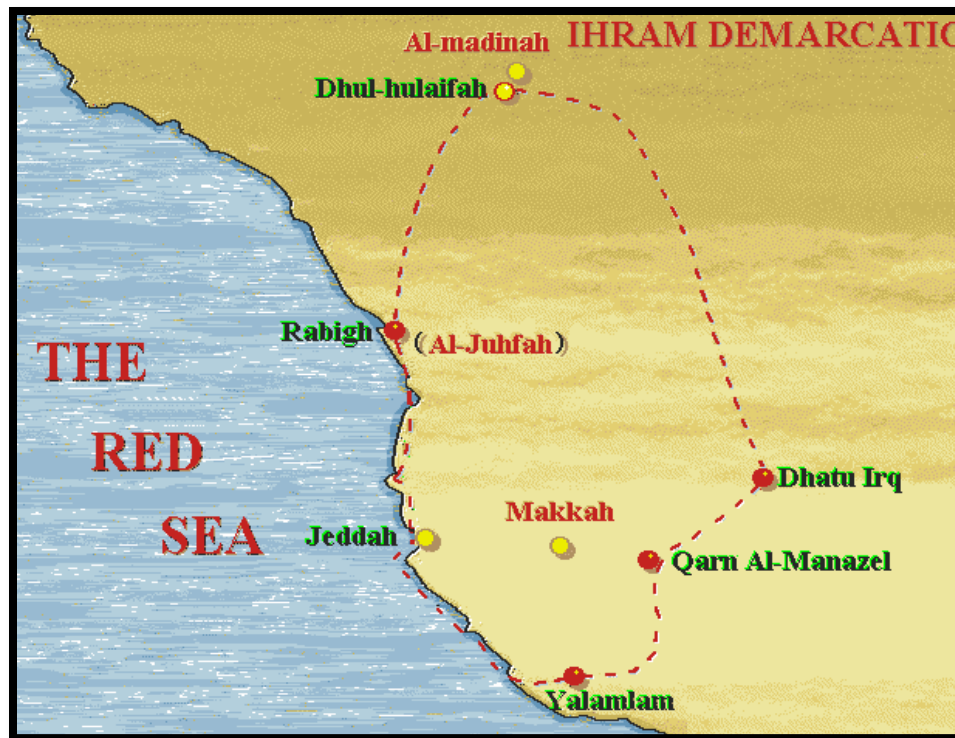
# Medina

- Visit Medina if you can (either before or after)
- Enjoy the Prophet's Mosque



# Intention to perform Hajj when crossing the Miqat line.

- Miqat boundary is the Ihram demarcation
- Pronounce the intention to perform Hajj or Umrah (or both) while approaching the Miqat.



# Reciting the Talbiyah

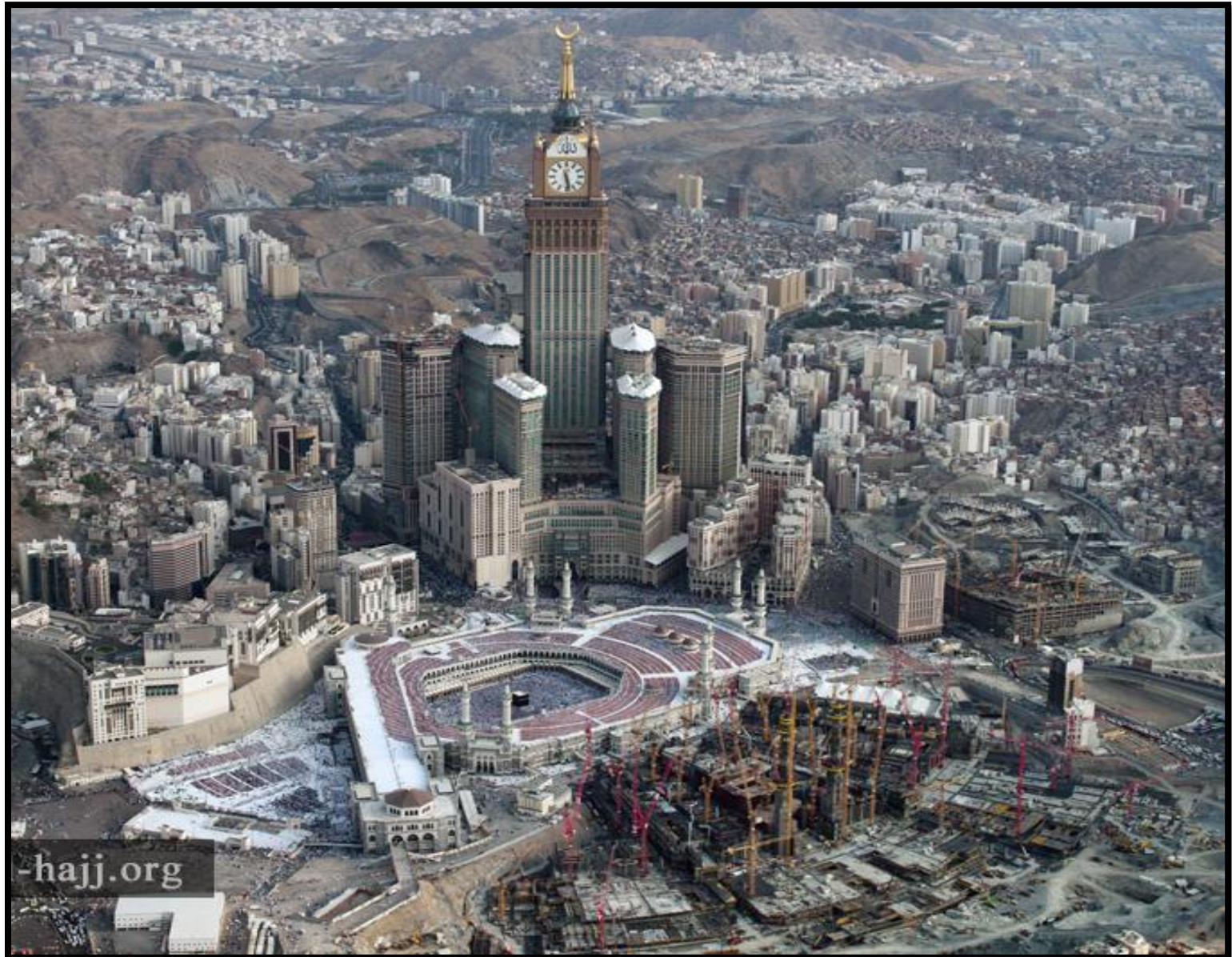
Pronounce the intention for Ihram or Hajj

*‘Labbayka Allah huma labayk,  
labbayka la sharika laka labbayk,  
innal hamda,  
wani’mata,  
laka wal mulk,  
la sharika lak.’*

“Here I am Lord at Your service.  
All the praise is Yours, so is the bounty,  
and to You belongs the dominion;  
there is no partner to You.  
Here I am Lord, at Your service.”



# Logistics of Mecca





# Logistics of Mecca



# Tawaf - Umrah ut-Tamattu

- Recall *tawaf niyah* (intention).
- Pilgrims perform 7 *tawafs* around the Ka`bah counterclockwise.
- Start & end at *Hajr al-Aswad* (Black Stone).
- Keep Ka`bah on left side.
- Recommended to recite Quran or *du'a* (supplication).
- 1<sup>st</sup> floor courtyard area will be very packed
  - Recommend 3<sup>rd</sup> floor
  - If you do the 1<sup>st</sup> floor, hold each other's shoulders
  - If you are in a group you may get separated. Hold each other's shoulder and stay close. Have a meeting place designated.
- Zam-zam water is readily available – enjoy it!
- Conclude with Tawaf Prayer - Pilgrims recall *niyah* & perform



**Rakun Yamani**

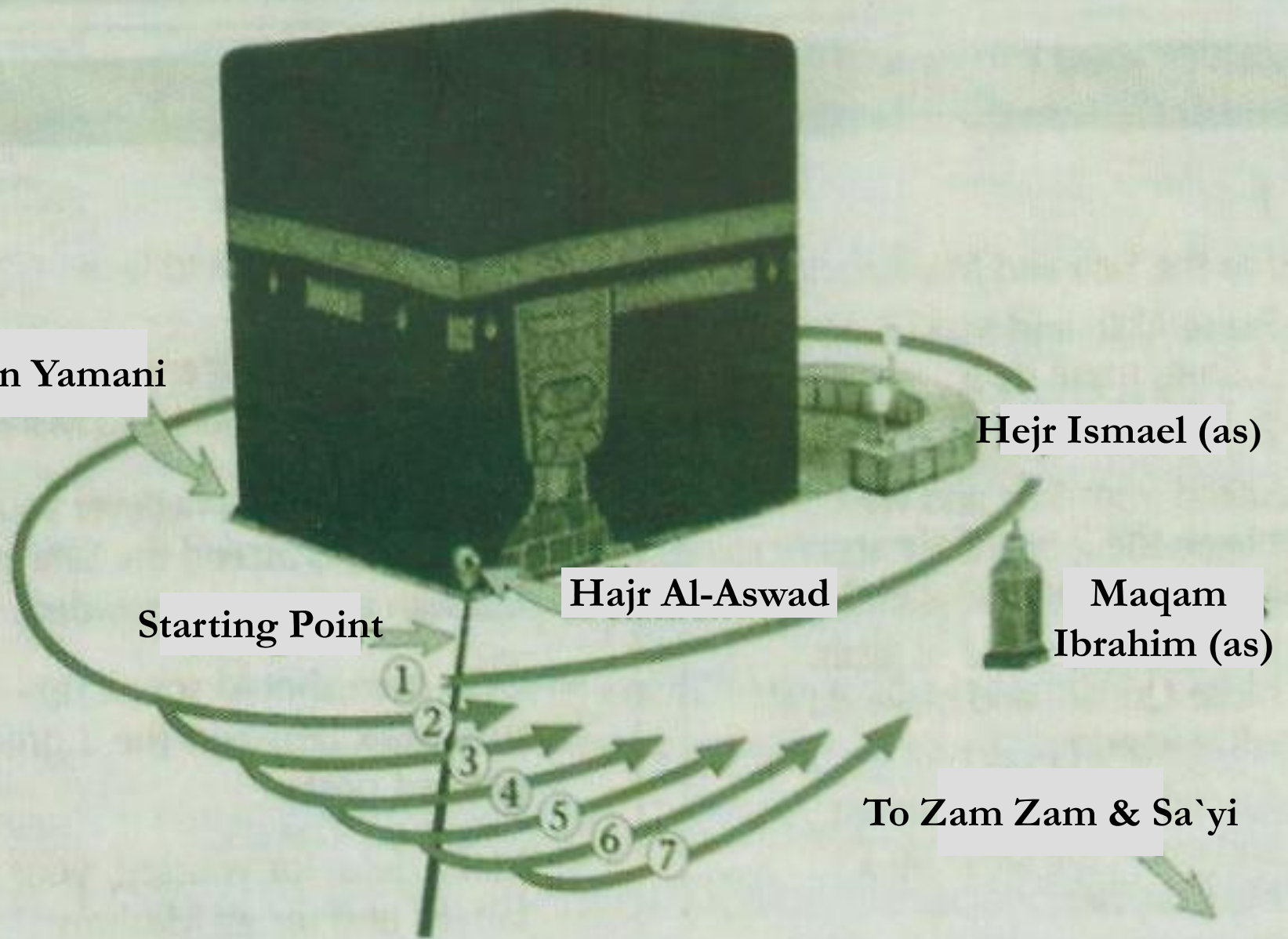
**Hejr Ismael (as)**

**Hajr Al-Aswad**

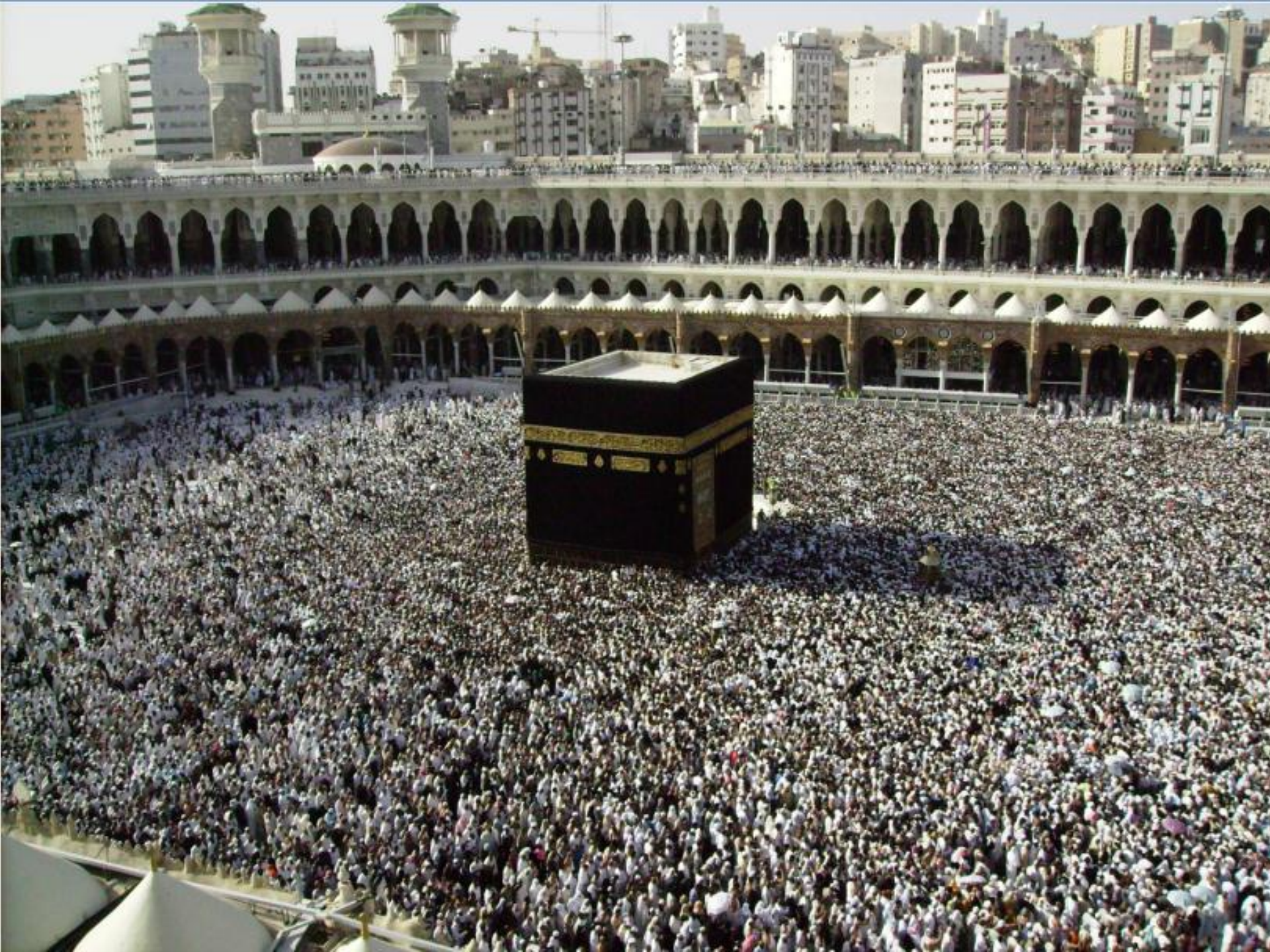
**Maqam  
Ibrahim (as)**

**Starting Point**

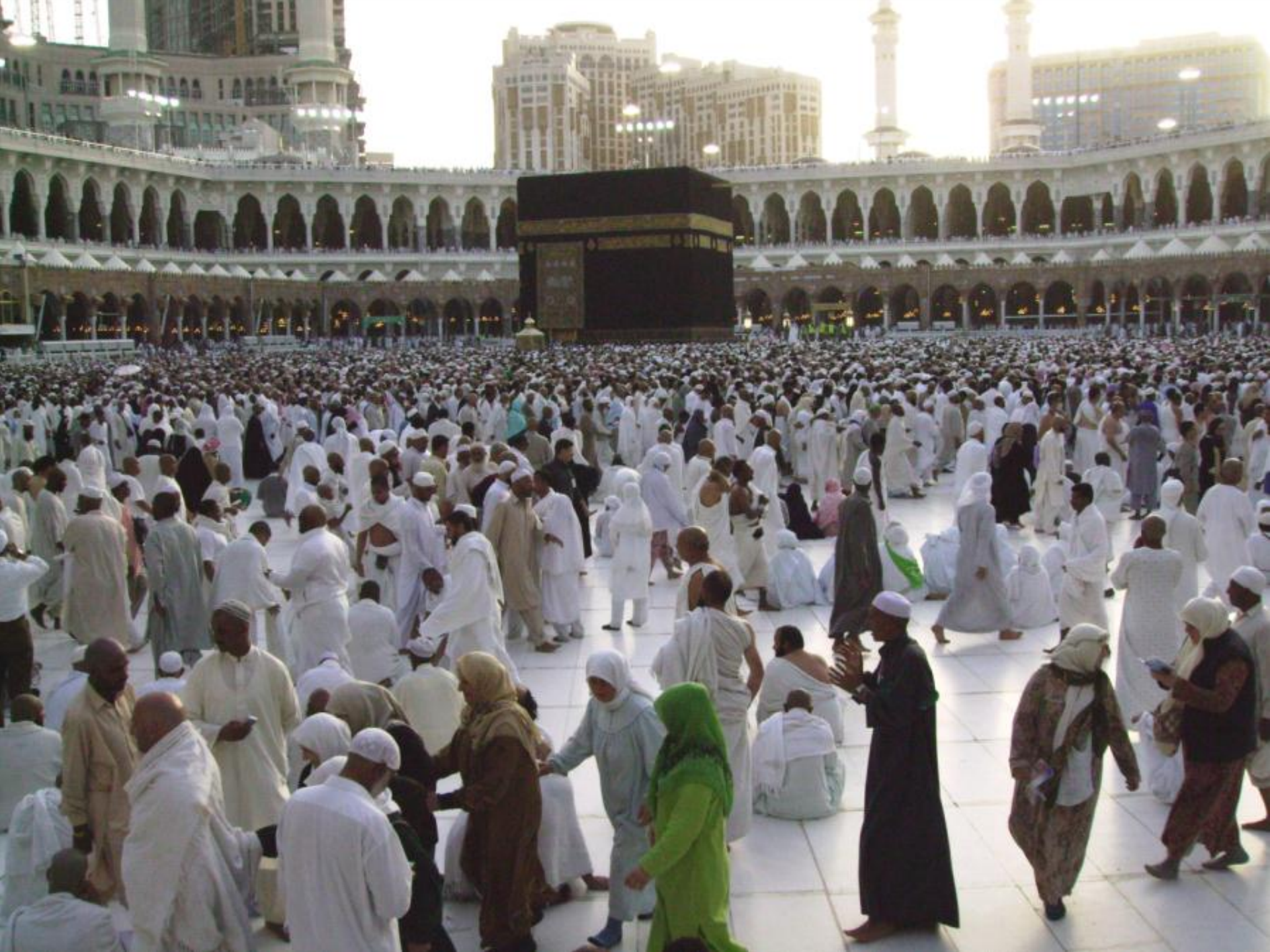
**To Zam Zam & Sa`yi**











# Sa'yee

- Pilgrims recall *niyah* for *sa'yee*.
- 7 walk between the two mounts of Safa & Marwa starting at Safa & ending at Marwa.
- Recommended to recite Quran or *du'a*.
- This area will be very crowded
  - Stay close together
  - Consider 3<sup>rd</sup> floor

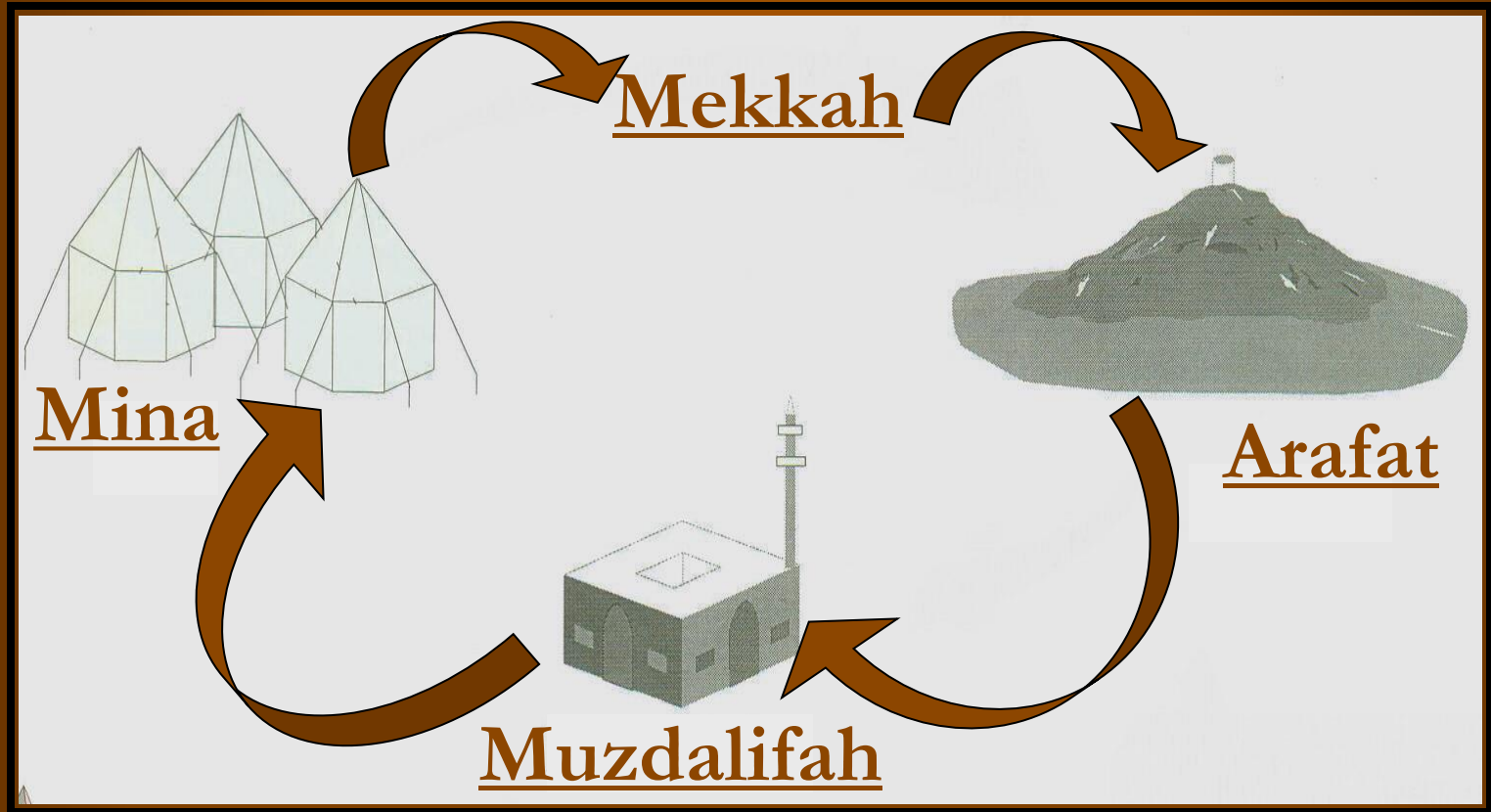




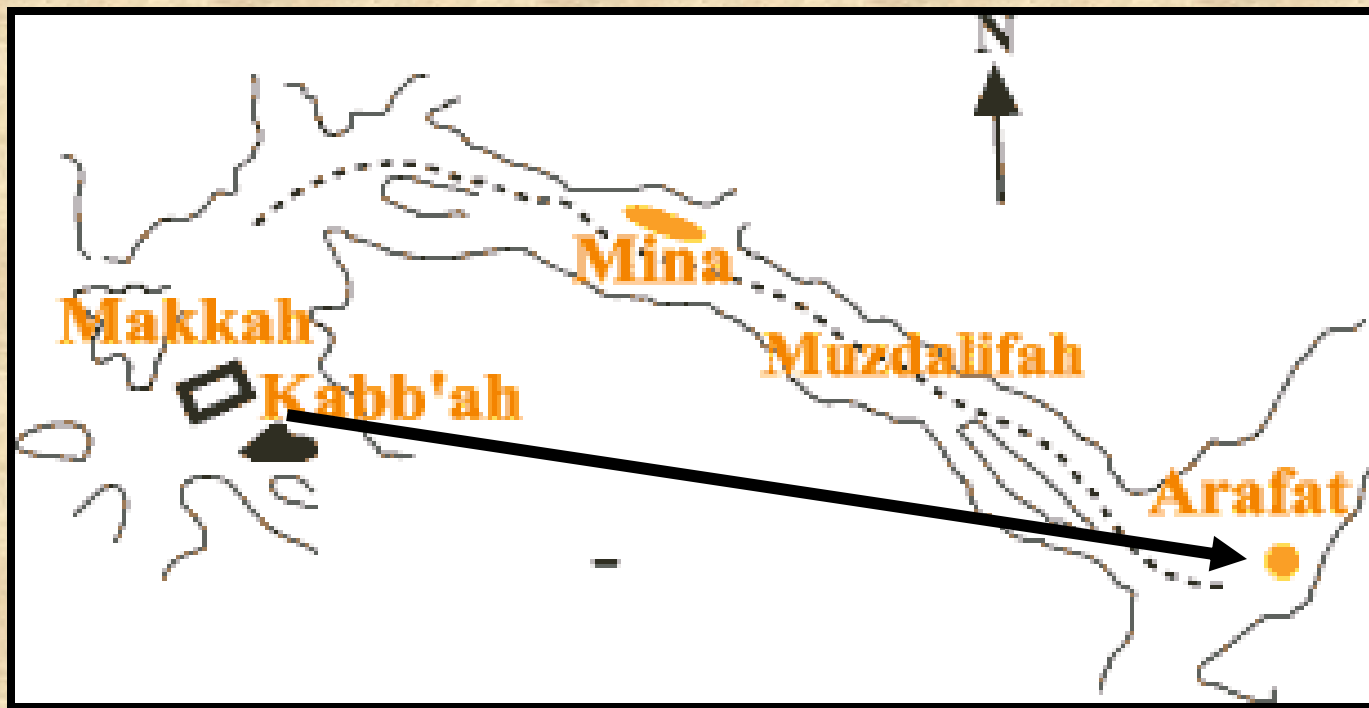
# Taqseer

- Recalling *niyah* for *taqseer* (clipping of the hair).
- Pilgrims clip hair & nails.
- (if Tamattu) Pilgrims can now remove ihram & resume some activities which were denied during the state of ihram.

In Mekkah pilgrims prepare for *ihram* of hajj on the 8<sup>th</sup> day of Thil Hijjah.



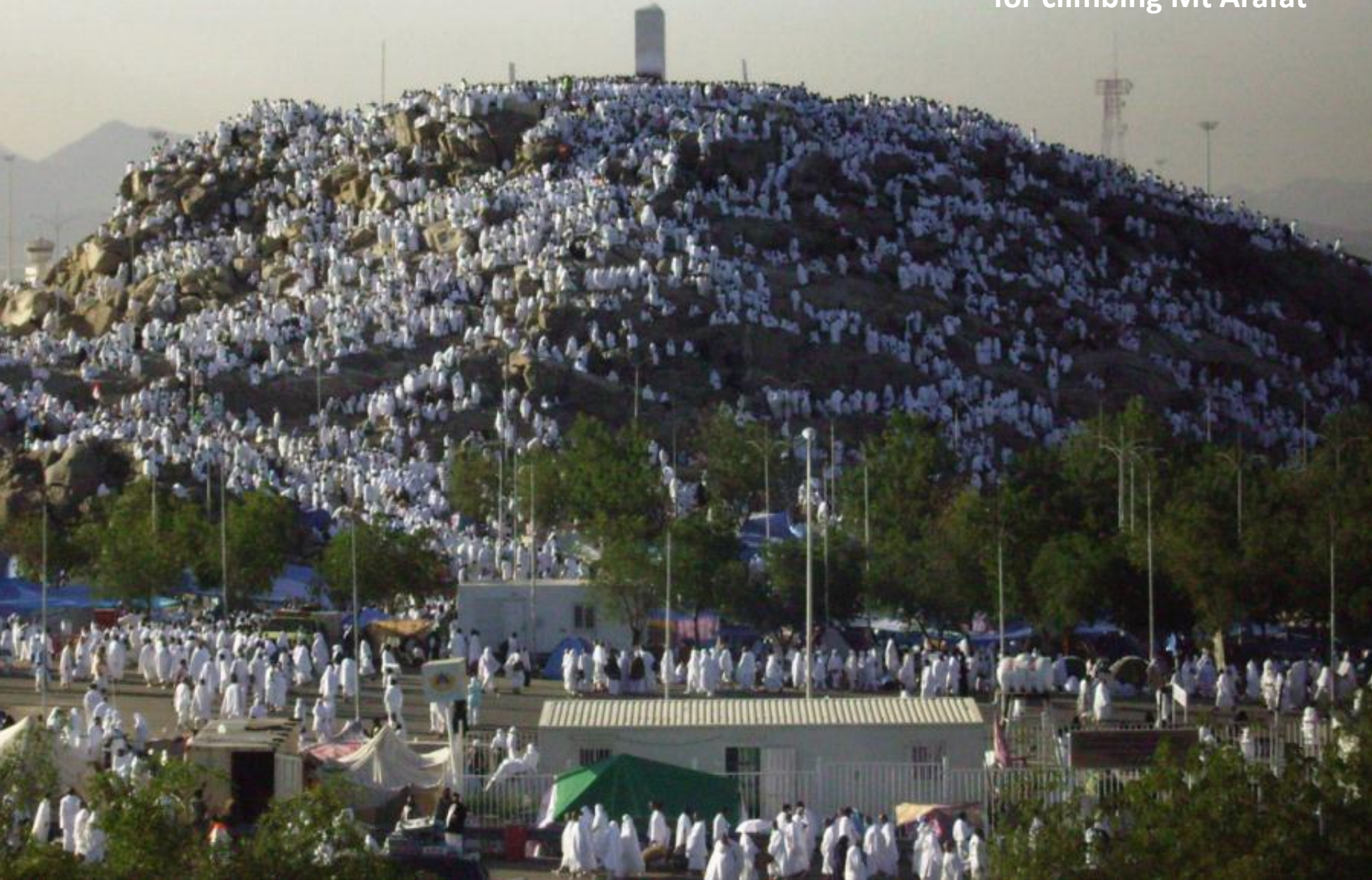


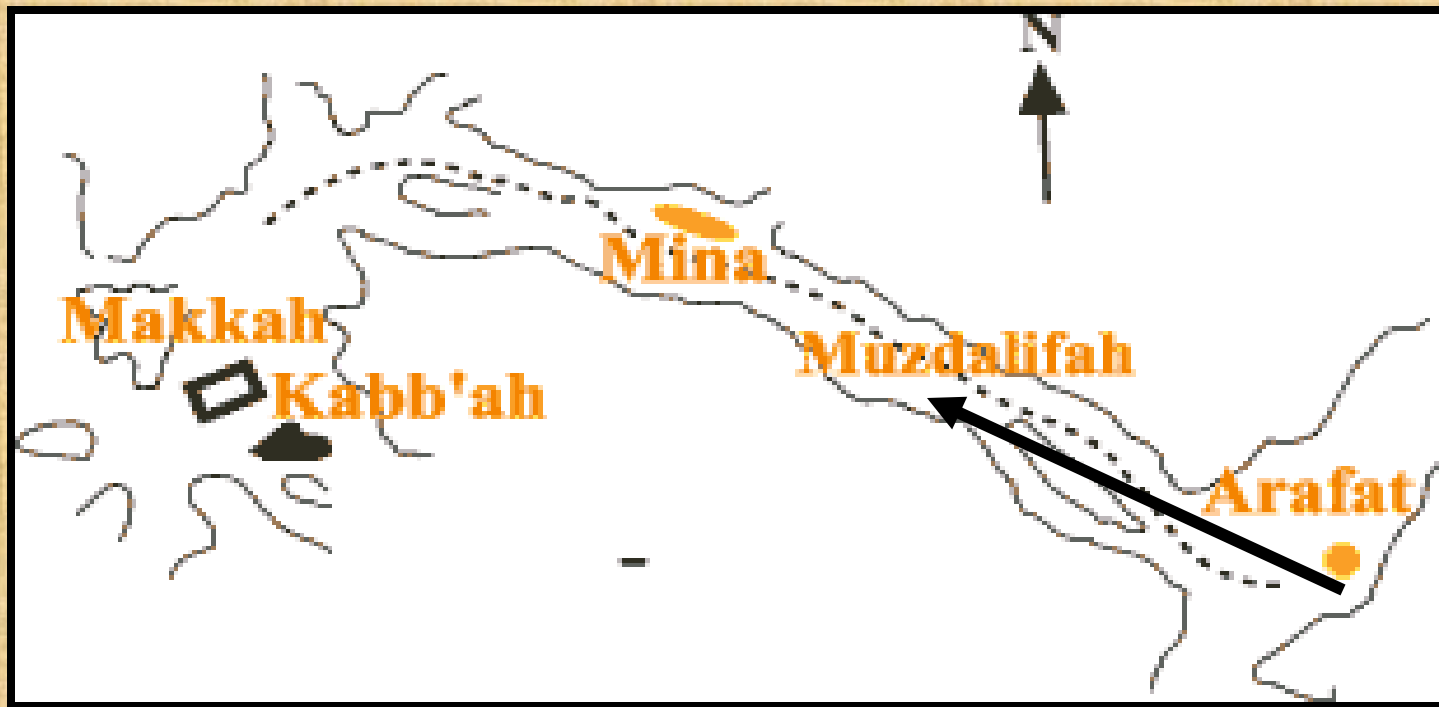


## Wuquf at Arafat

- Recall *niyah* for *wuquf* Arafat.
- Pilgrims either travel to Mina or Arafat directly and spend a night
  - However, Pilgrims must be in Arafat before the midday on the 9<sup>th</sup> of Thil Hijjah.
    - Pilgrims stay in Arafat until sunset.
    - Spend the night before and day praying
  - At sunset pilgrims leave Arafat & proceed to Muzdalifah.

While it is appealing,  
there is no requirement  
for climbing Mt Arafat

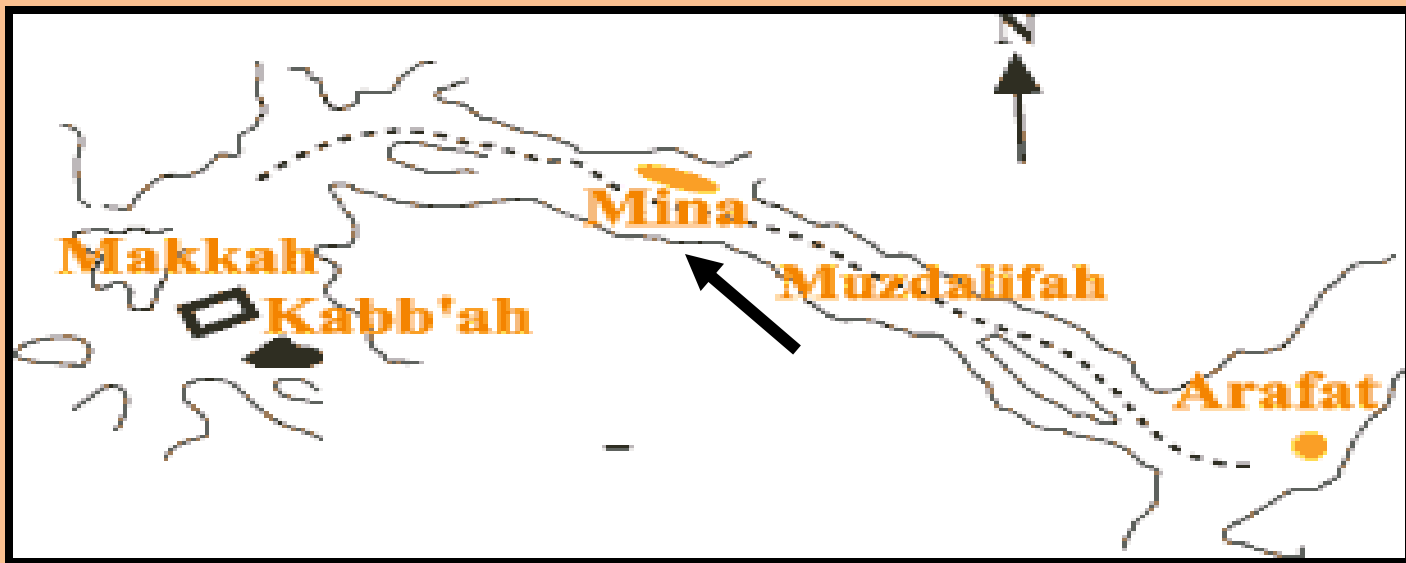




## Wuquf at Muzdalifah

- Recall *niyah*.
- Collect pebbles (approx. 70, need 63).
- Stay the night on eve of 10<sup>th</sup> Thil Hijjah until sunrise.
- This is where you need blankets or sleeping bag





4<sup>th</sup>, 5<sup>th</sup>, & 6<sup>th</sup> Rites of Hajj ut-Tamattu

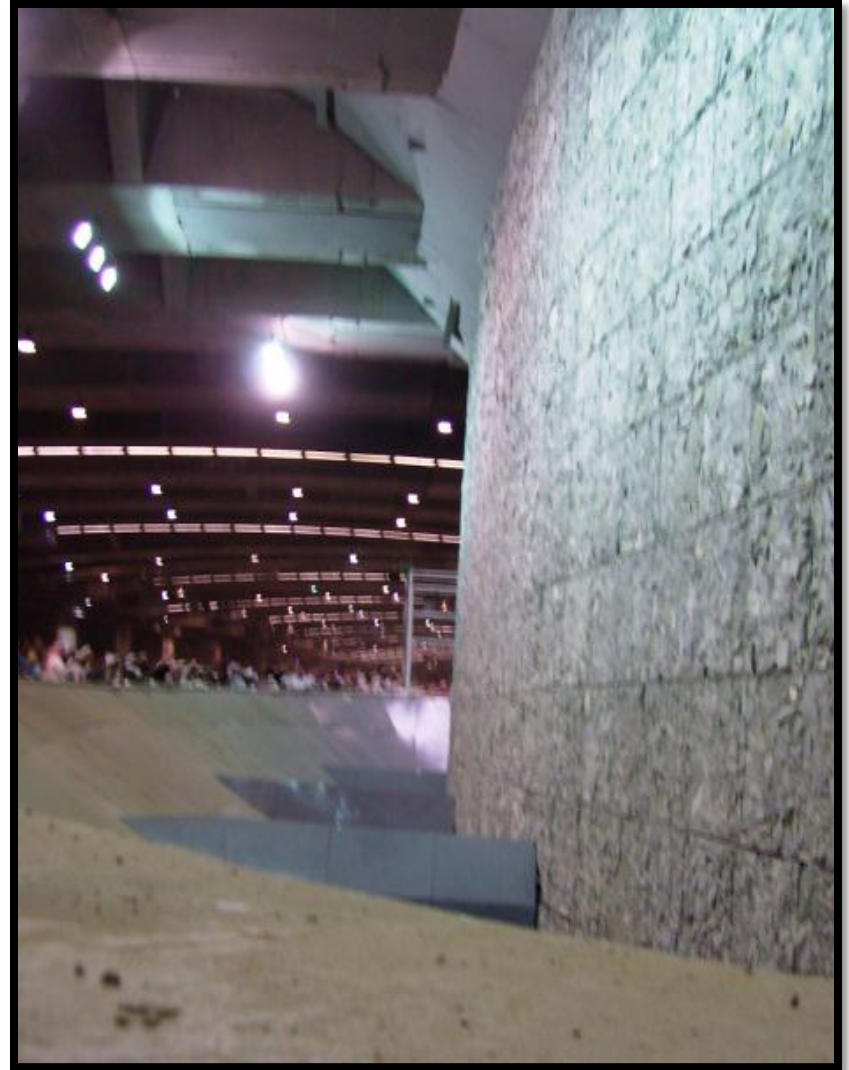
### In Mina

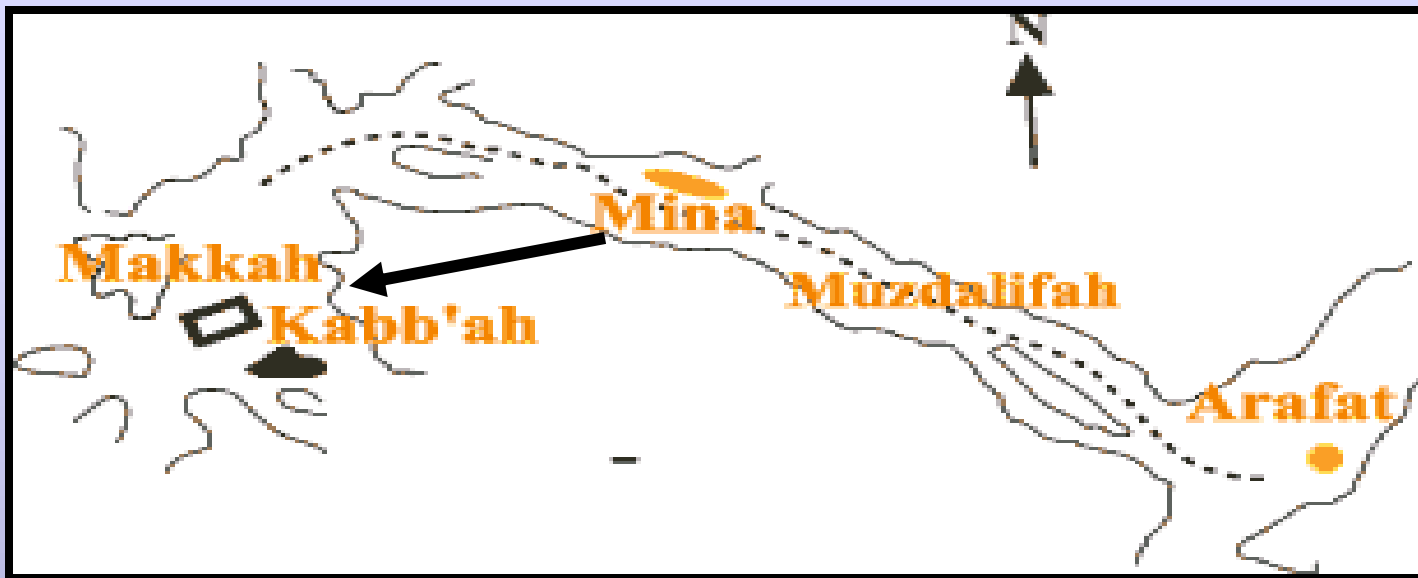
- Recall *niyah* for stay in Mina.
- On 10<sup>th</sup> of Thil Hijjah (*Eid al-Adha*) pilgrims stone the *Jamaraht* pillars (three Satan pillars) 7 times.
  - May go back to Mecca and perform optional *tawaf*
- Come back to Mina to the Jumaraht twice more and repeat

*Pilgrims are now free from some of the restrictions of ihram, except adhering to the use of perfume, hunting, & marital relation.*

# At Mina

- The Jummart is very packed
- Tip for throwing stones – approach from the back of the pillar, much less crowded
- If you get in too close, watch out for flying stones
- Don't assume people who are camped on the road are poor





## Returning to Mekkah

- First-time male pilgrims must shave head
  - Sacrifice animal.
  - Recall *niyah*.
- Pilgrims perform farewell *Tawaf*
- *Tawaf* prayer at *Maqam Ibrahim*, with *niyah*.







# Wrap-up

- Study up and be prepared
- Ensure clothes & sandals are comfortable and worn a few times
- Ensure you understand duties
- Be clear on your intent
  
- Any Questions?
  
- Good Resources
  - Islamic Educational Center of Orange County - <http://www.iecoc.org/index.htm>
  - IslamiCity: <http://www.islamicity.com/>
  - Submission: <http://www.submission.org/hajj/steps.html>